

Nutrition Facts

Serving Size:

1 cup (8 fl oz) (237g)

Amount Per Serving

Calories

2.4

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 2.4mg 0%

Total Carbohydrates 0.5g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin D 0mcg 0%

Calcium 4.7mg 0%

Iron 0.2mg 1%

Potassium 21.3mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.